



**AUTISM**  
SERVICES & RESOURCES  
CONNECTICUT



## Fall 2018 Learning from our Littles

*Schedule is subject to change due to circumstances beyond the control of ASRC. In the event of illness or inclement weather, playgroup will be rescheduled. Please note that a group needs a minimum of 4 registrants to run. Please check email prior to each group in case of change or cancellation.*

ASRC is thrilled to announce our 3<sup>rd</sup> session of our "Learning from our Littles", a supportive and interactive playgroup for children with ASD, aged 3-6 years old and their caretaker(s). Our Fall session will consist of 12 weeks in our new Gross Motor/Movement space at CPT in Wallingford. In this session children and families will engage in structured play activities that will encourage physical exploration, music, sensory integration and socialization opportunities as they sing familiar and play scenarios. We will focus on a theme and skill each week that will allow both children and caretakers to explore and learn from each other. Caretakers will have the opportunity to meet other adults caring for young children on the spectrum, where they can share resources, supports, struggles, and triumphs and expand on their social networks within the ASD community. Each 1.5-hour meeting will be facilitated by Rachel and Teddy Varvatsis. This husband and wife team come to the program with over 35 years of combined experience in the field of Early Childhood Education and are parents as well. Rachel is a highly qualified, energetic and enthusiastic educator. She taught Kindergarten for over 12 years and continues to work with children of varying ages; stages and abilities. Teddy has a background in Human Development and Family studies as well as extensive knowledge of working with children and families.

**Location:** 2360, 101 N Plains Industrial Rd # 2, Wallingford, CT 06492

**Days:** Saturdays (9/29, 10/6, 10/13, 10/20, 10/27, 11/3, 11/10, 11/17, 12/1, 12/8, 12/15, 12/22)

**\*\*There is no requirement to attend all 12 weeks. We do ask that you give us one week's notice for planning and staffing purposes.**

**Time:** 10am-11:30am

**PRE-PAY:** prepay \$150 for the 12-week session (Save \$30)

**OR**

**PAY PER Meeting:** \$15 per meeting. Participants must bring payment in the form of cash or check at the beginning of each meeting. Payment should be provided to ASRC mentor.

**Autism Services and Resources Connecticut (ASRC)**  
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